

## MENTAL HEALTH Happy Hour

## WEDNESDAY, OCTOBER 25 | 6-8PM AT DIVINE BARREL BREWING

Charlotte Craft Beer Week is about celebrating the rich and diverse craft culture we have fostered. This is all due to the great people we have making great products, however what is the toll taken on mental health?

## Join Us

Join us for a Mental Health Happy Hour to learn about different resources you can take advantage of to help improve your mental health. Visit with vendors committed to improving your mental health.

BE SURE TO CHECK IN VIA QR CODE TO EARN POINTS!



Stay for a Q&A Panel led by Chris Weedon, founder of Mentally Shredded starting at 7pm.

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